

# **2023 Impact Statement**

For over 50 years, Big Brothers Big Sisters has operated under the belief that inherent in every child is incredible potential. Professional staff members carefully match children with volunteer mentors in long-term one-to-one mentoring relationships, and provide ongoing professional support to volunteers, children, and parents/guardians throughout the life of the match.

Our vision is that all youth achieve their full potential; and we hold ourselves accountable for each child we serve achieving higher aspirations, greater confidence, better relationships, avoidance of risky behaviors, and educational goals.



Mentors level the playing field to ensure New Mexico can fulfill its promise to develop, educate, graduate and build world-ready young people.

### Who We Serve



of mentees are in at-risk living situations



of mentees
qualify for
free or
reduced lunch



of mentees identify as **BIPOC** 

# NM Youth Need Mentoring.

From elementary school to high school, college, or career, mentoring is a vital pillar in our state's youth development.

- New Mexico is 50th in the nation for child well-being
- 25% of New Mexico's youth do not graduate from high school on time
- Only 39% of New Mexico's young adults aged 25-34 have attained a college degree



"Littles in the program can greatly benefit from having an additional adult role model in their lives. Many have experienced trauma or challenges that can lead to bullying. Having a 'Big' they can count on increases their confidence as they learn to navigate their worlds and develop."

~ Orias and Mentor Vanessa

2023 Services:

1191 Mentees 38,181 Mentoring Hours

129

**Mentor-Mentee Events** 

# **Mentoring Supports Academic Achievement and Empowers Potential**

#### **School Success**

- ▶ 87% of mentees avoid truancy
- ▶ 92% of mentees believe school is important to them
- ▶ 96% of mentees feel they will graduate high school
- 00% of mentees report working hard at school

#### **Career Aspirations**

▶ 80% of mentees plan to go to college

#### **Avoiding Risky Behaviors**

- ▶ ∭ of mentees refrain from aggressive behaviors
- ▶ 87% of mentees report they avoid unkind behavior
- ▶ 94% of mentees report abstaining from alcohol use

#### Positive Mental Health and Relationships

- ▶ 96% of mentees report they have an important adult in their lives
- ▶ 02% of mentees work well with their peers



"Jayden was struggling in school but was afraid to ask for help. I shared my own experiences of being uncertain and needing to ask for help. Now he is doing well in school and isn't afraid to ask for help. I'm so proud of the growth and improvements he has made!"

~ Jayden and Mentor Daniela

100% of mentees completed an annual Youth Development Plan for their age and grade level, with skill attainment essential to social-emotional development and academic success, in these areas:

- Educational Expectations
- Scholastic Competency
- Risk Attitudes

- ► Relationship Building
- Social Skill Building
- Self-regulation Skills

- ▶ Interest Exploration
- Future Planning
- Career Aspirations

### **We Could Do More**

A recent Measure of America study concluded that New Mexico has 43,700 teenagers and young adults ages 16-24 years, who are not in school or not working; the 49th highest rate in the nation.

Funding dedicated to mentoring increases the capacity to promote community safety, academic attainment, and a strong economic future workforce.



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